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## The Medical Management of Overweight and Obesity

### Day 1

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Time:	Topic title:	Trainer
8.45am	Sign-in / NDA / Copy Right Notice / Introductions	SG
9.00am	<b>Module 1: The epidemiology and physiology of obesity</b>	MC
	<ul style="list-style-type: none"> <li>a) How we define and assess obesity</li> <li>b) Epidemiology</li> <li>c) UK statistics on obesity</li> <li>d) Obesity and weight-related diseases</li> <li>e) <i>Group activity – test of knowledge quiz</i></li> </ul>	SG
	<b>Module 2: The fat cell, metabolism and appetite regulation</b>	MC
	<ul style="list-style-type: none"> <li>a) Biochemistry of the fat cell</li> <li>b) Gut hormones and the regulation of appetite</li> <li>c) <i>Group activity – test of knowledge quiz</i></li> </ul>	SG
	<b>Module 3: Weight Loss Interventions (excluding Pharmacotherapy)</b>	MC
	<ul style="list-style-type: none"> <li>a) Diet and nutrition</li> <li>b) VLCDs (very low-calorie diets)</li> <li>c) Physical activity</li> <li>d) Bariatric surgery</li> <li>e) <i>Group activity – test of knowledge quiz</i></li> </ul>	SG
	<b>Module 4(1): Pharmacotherapy</b>	MC
	<ul style="list-style-type: none"> <li>a) Phentermine</li> <li>b) Orlistat</li> <li>c) Mysimba</li> <li>d) Liraglutide</li> <li>e) <i>Group activity – test of knowledge quiz</i></li> </ul>	SG
5.00pm	<b>CLOSE</b> ( <i>approximate</i> )	

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## The Medical Management of Overweight and Obesity

### Day 2

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Time:	Topic title:	Trainer
8.45am	Sign-in / Questions from yesterday	SG
9.00am	<p><b>Module 4(2): Pharmacotherapy (cont)</b></p> <ul style="list-style-type: none"> <li>f) Semaglutide</li> <li>g) Off-Label prescribing : The Prescribers Responsibilities (GOV.UK 2014)</li> <li>h) <i>Group activity – test of knowledge quiz</i></li> </ul> <p><b>Module 5: Setting up a medical weight management <u>clinic</u></b></p> <ul style="list-style-type: none"> <li>a) UK weight loss services – the current situation</li> <li>b) Equipment list (<u>and links</u>) required</li> <li>c) Your personalised electronic consultation form – step by step</li> <li>d) Getting your consultation form to potential patients</li> <li>e) The NMWLP patient pathway and treatment protocol</li> <li>f) <i>Group activity – Case studies (safe prescribing)</i></li> </ul> <p><b>Module 6: Setting up a <u>remote</u> medical weight management <u>service</u></b></p> <ul style="list-style-type: none"> <li>a) The high-level principles for good practice in remote consultations and prescribing (Joint Publication by Healthcare regulators Nov 2019)</li> <li>b) The virtual consultation process via Primed Aesthetic Pharmacy</li> </ul> <p style="text-align: center;"><b>*** FREE TO CERTIFIED PARTNERS (WORTH £600) ***</b></p> <p><b>Module 7 – Business Partners and Support</b></p> <ul style="list-style-type: none"> <li>a) Pharmacy supplies – <b>PriMed Pharmacy</b></li> <li>b) Insurance – <b>Cosmetic Insure</b></li> <li>c) Private Dropbox</li> <li>d) Private Facebook group</li> <li>e) Marketing support – patient leaflets and pop up banner</li> </ul>	<p>SG</p> <p>SG</p> <p>SG</p> <p>QH</p> <p>QH</p> <p>SG</p>
3.00pm	<b>CLOSE</b> ( <i>approximate</i> )	